



Safety Training Providers & Consultancy Ltd



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Company No 7395370



Safety Training Providers & Consultancy Ltd

"Specialists in Quality Training"

About Us



Safety Training Providers & Consultancy Ltd are an accredited professional training company, which operates throughout the UK. Our courses are always tailored to suit your needs, your work methods and your work patterns.

Our courses are written by highly qualified professionals, based on current legislation and best practice. Every course we deliver is tailored to your specific needs and environment.

We can combine short courses, to deliver multi-topic training days in house or At a venue in Hull, Leeds or Manchester.

Our training team are all qualified professionals who are all members of the Institution of Occupational Safety & Health (**IOSH**), as well as the International Institute of Risk & Safety Management (**IIRSM**), the National Association for Safety & Health in Care Services (**NASHiCS**), and the Society for Education and Training (**SET**)

We are an approved training centre for the delivery of CITB and IOSH courses.

Value for Money

The aim of our company is to provide quality, affordable, training solutions to all sectors.

You may be surprised to learn that we do not advertise our services. Instead, we provide quality training for a realistic investment that ensures that our clients come back to us for more, and recommend us to others.

Our clients include, Schools, Colleges, Nursing Homes, Factories, Oil Refiners, Power stations, Engineering, Electrical, Plumbing, Construction Companies, Sign manufacturers, Modular Building Companies and Roofing Companies.

The price quoted is the price you will pay.

Quality Training

Our feedback is always very positive, with proven learning outcomes backed up by excellent pass rates, for the accredited training we undertake.



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Meet the Senior Team

Alan has over 20 years' experience in Health & Safety, and has developed a unique blend of humour into his courses. He has experience in many fields, including Construction, Manufacturing and Health care.



Alan Overment
Managing Director
& Senior Tutor
GradIOSH, DipRSA, MIIRSM

Alex is a time served Electrician who bring his experience of the construction trades, plus youth and energy, to the field of Health & Safety.



Alex Overment
Operations Manager

Lance is a qualified Electronic Engineer with a background in Manufacturing and Quality Management. He has been training since 1988 and has over 7 years' experience in Health and Safety.



Lance Heal
Training Manager
& Tutor
TechIOSH, MSET



Health & Safety Course

IOSH Managing Safely



Course Overview

Managing safely is for managers and supervisors in any sector, and any organisation. It's designed to get managers up to speed on the practical actions they need to take to handle health and safety in their teams. Introducing a completely new approach to health and safety training

A three or four-day course offering all the basics in a high impact interactive package;

- a flexible course (minimum 21 hours of face-to-face contact) health and safety management basics in a high
- superb quality animated graphics created exclusively for the course
- a sophisticated but fun presentation
- first class technical content, based on what delegates need to know in practice
- no jargon or off-putting legal language
- clear scenarios that managers can relate to
- a range of ready-to-use training tools, including a board game, DVDs and quizzes



Who needs this qualification?

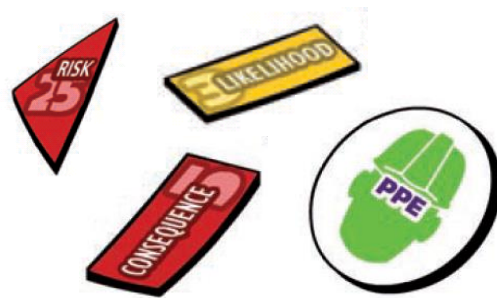
Managing safely is for managers and supervisors in any sector, and any organisation. It's designed to get managers up to speed on the practical actions they need to take to handle health and safety in their teams.

Why is this training important?

Managers need to understand their obligations with regard to Health and Safety and also understand the benefits of having a Health and Safety Management system within their organisation.

Managing Safely covers

- Assessing risks
- Controlling risks
- Understanding your responsibilities
- Identifying hazards
- Investigating accidents and incidents
- Measuring performance



Course details.

The Course is 21 **Hours duration** and will be delivered at our own premises, or a convenient off-site location.

We deliver this as a 3-day course, 1 day per week for 3 weeks, or as an evening course over 8 weeks*.

Delegates will receive a Course workbook. On successful completion delegates will also receive a nationally recognised Certificate from the Institution of Occupational Safety & Health, the Chartered body for health and safety professionals.

*=only available in Hull.



IOSH Working Safely



Course Overview

Working safely: introducing a completely new approach to health and safety training

A one-day course offering all the basics in a high impact interactive package;

- Fantastic quality animated graphics created exclusively for the course.
- A presentation that's designed to be fun and get people fully involved and interested.
- First class, jargon-free technical content based on what people need to know in practice, not off-putting legal language.
- Clear scenarios drawn from genuine work situations to drive home practical points.
- Assessments built into the day's training – no need for follow-on tests on separate days, taking up valuable time.



Who needs this qualification?

Working safely is for people at any level, in any sector, needing grounding in the essentials of health and safety. Minimum disruption to working days and shifts – the one-day programme includes the assessment, so there's no need to free up further time for a test after the course.

Why is this training important?

Everyone at work should have an understanding of why they must 'work safely' – and this course offers exactly that. This course is not supposed to turn delegates into safety experts. It focuses on why health and safety is important, and how individuals can make a real difference to the wellbeing of themselves and others through changing their behaviour.

Working safely Covers

- Introducing working safely
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance
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Course details.

The Course is **7 Hours duration** and will be delivered at our own premises or a convenient off-site location.

Delegates will receive a Course workbook for use on the day. On successful completion delegates will also receive a nationally recognised Certificate from the Institution of Occupational Safety & Health the Chartered body for health and safety professionals.

Face fit Testing

(Corporate booking only)

Course Overview

Where RPE is used, it must be able to provide adequate protection for individual wearers. RPE can't protect the wearer if it leaks. A major cause of leaks is poor fit – tight-fitting face pieces need to fit the wearer's face to be effective. As people come in all sorts of shapes and sizes it is unlikely that one particular type or size of RPE face piece will fit everyone. Fit testing will ensure that the equipment selected is suitable for the wearer.



Who needs this Course?

This Course is for any employee who, during the course of their work, will be required to wear RPE.

Why is this training important?

Where respiratory protective equipment (RPE) is used as a control measure under Health and Safety Legislation (see paragraph 6), it is vital that the selected RPE is adequate and suitable. RPE must reduce exposure to as low as reasonably practicable, and in any case to an acceptable level (e.g. below any applicable Workplace Exposure Limits or Control Limits). To ensure that the selected RPE has the potential to provide adequate protection for individual wearers, the ACoPs supporting COSHH, CAR and CLAW stipulate that tight-fitting RPE must be fit tested as part of the selection process. This will help to ensure that inadequately fitting face pieces are not selected for use. Ill-fitting face pieces can create inward leakages of airborne contaminants.



Course content.

- Outline the reasons for Face Fit testing.
- Discuss the different types of RPE.
- How to correctly fit the mask.
- The Face Fit test.

Course details.

The Course is approximately **3 Hours duration** and will be delivered at your place of work, or at a venue convenient.

It is the responsibility of the company to provide their own face masks for the test.

Successful Delegates will receive an STP Certificate and copy of the test results via post.

CITB Site Management Safety Training Scheme - SMSTS



Course Overview

The course covers all relevant legislation and other aspects which affect safe working in the building, construction and civil engineering industries. It highlights the need for risk assessment in the workplace, the implementation of the necessary control measures and adequate communication to sustain a health and safety culture among the workforce

Who needs this qualification?

This course is designed for site managers, agents and persons who are, or are about to be, responsible for planning, organising, monitoring, controlling and administering groups of staff and workforce

Why is this training important?

Of all the industries in the United Kingdom, the construction industry is the largest. There can also be a great deal of danger involved in the construction industry, if proper rules and regulations are not followed, so there is a need for employees to be trained in health and safety

Learning outcomes.

- Implement all health, safety, welfare and environmental legislation which affects them during their daily work
- Implement new guidance and industry best practice
- State their duties and responsibilities with regards to health, safety, welfare and the environment.

Course details.

The Course is **5 days' duration**, and will be delivered at our own training facility.

Delegates will receive all relevant material for use during the course.

Successful Delegates will also receive an Accredited CITB Certificate via post.

All courses are fully evaluated using by CITB.

Although the certificates are valid for five years, due to continuing changes in legislation, technology, environmental management and cultural behaviour it is recommended that a refresher course is undertaken within three years of completing the original course.

CITB SMSTS Refresher



Course Overview

The course aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics many building on the previous five-day course programme as well as introducing new subjects

Who needs this qualification?

The refresher course is for delegates who have previously passed the full SMSTS course or subsequent refresher course and can provide proof of attendance

Why is this training important?

Of all the industries in the United Kingdom, the construction industry is the largest. There can also be a great deal of danger involved in the construction industry, if proper rules and regulations are not followed, so there is a need for employees to be trained in health and safety

Learning outcomes.

- aware of, and able to implement all updated health, safety, welfare and environmental legislation which affects them in their role as a manager
- aware of and able to implement new guidance and industry of best practice
- more aware of their duties and responsibilities with regards to health, safety, welfare and the environment

Course details.

The Course is **2 days' duration**, and will be delivered at our own training facility.

Delegates will receive all relevant material for use during the course.

Successful Delegates will also receive an Accredited CITB Certificate via post.

All courses are fully evaluated using by CITB.

CITB Site Supervisor Safety Training Scheme - SSSTS

Course Overview

The course provides supervisors with an understanding of health, safety, welfare and environmental issues, as well as their legal responsibilities relevant to their work activities. It will highlight the requirement to promote health and safety to supervise effectively.



Who needs this qualification?

This two-day course is intended for those who have, or are about to acquire, supervisory responsibilities.

Why is this training important?

Of all the industries in the United Kingdom, the construction industry is the largest. There can also be a great deal of danger involved in the construction industry, if proper rules and regulations are not followed, so there is a need for employees to be trained in health and safety

Learning outcomes.

- understand the problems of the industry
- have an understanding of how health and safety law is structured and how it applies to supervisors
- identify how their supervisory role fits in with the management structure in controlling the site safely
- carry out risk assessments and understand the need for method statements
- carry out effective site inductions, toolbox talks and method statement briefings
- be able to monitor site activities effectively
- Understand the importance of timely intervention when bad practice is identified.

Course details.

The Course is **2 days' duration**, and will be delivered at our own training facility.

Delegates will receive all relevant material for use during the course.

Successful Delegates will also receive an Accredited CITB Certificate via post.

All courses are fully evaluated using by CITB.

Although the certificates are valid for five years, due to continuing changes in legislation, technology, environmental management and cultural behaviour it is recommended that a refresher course is undertaken within three years of completing the original course.

CITB SSSTS Refresher

Course Overview

The course aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics which have been affected by the changes to procedures built upon the material in the original course.

Who needs this qualification?

The refresher course is for delegates who have previously passed the two-day Site Supervisor Safety Training Scheme (SSSTS) course and can provide proof of successful attendance.

Why is this training important?

Of all the industries in the United Kingdom, the construction industry is the largest. There can also be a great deal of danger involved in the construction industry, if proper rules and regulations are not followed, so there is a need for employees to be trained in health and safety.

Learning outcomes.

- Be aware of, and able to implement all updated health, safety, welfare and environmental legislation which affects them in their role as a supervisor.
- Be aware of and able to implement new guidance and industry best practice affected by changes.
- Be more aware of their duties and responsibilities with regard to health, safety, welfare and the environment.

Course details.

The Course is **1-day duration**, and will be delivered at our own training facility.

Delegates will receive all relevant material for use during the course.

Successful Delegates will also receive an Accredited CITB Certificate via post.

All courses are fully evaluated using by CITB.



CITB Health & Safety Awareness



Course Overview

The course provides a practical summary of health and safety, welfare and environmental issues identifying individual responsibilities for looking after themselves and others, what the employer's duties are and what should be done if they think anyone's health and safety is being put at risk

Who needs this qualification?

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce, to help them understand the potential hazards that they face at work on site

Why is this training important?

Of all the industries in the United Kingdom, the construction industry is the largest. There can also be a great deal of danger involved in the construction industry, if proper rules and regulations are not followed, so there is a need for employees to be trained in health and safety.

Learning outcomes.

- understand the need to prevent accidents
- have an understanding of health and safety law
- identify how their role fits into the control and management of the site
- understand the need for risk assessments and method statements
- feel obliged to report unsafe acts to prevent an accident.

Course details.

The Course is **1-day duration**, and will be delivered at our own training facility.

Delegates will receive all relevant material for use during the course.

Successful Delegates will also receive an Accredited CITB Certificate via post.

All courses are fully evaluated using by CITB.

Training Course

Train the Trainer

Course Overview

This course introduces delegates to the roles and responsibilities of a trainer.



Who needs this qualification?

This train the trainer course is for anyone involved in training and delivery.

Why is this training important?

This course will prepare delegates to deliver quality training in-house to all employees. It can help you to develop a real training culture within your business.

Learning outcomes.

- Roles and Responsibilities.
- Planning.
- Delivering.
- Assessing.
- Resources.
- Evaluation.
- Micro-teach.

Course details.

The Course is **6 Hours duration** and will be delivered at our own premises or a convenient off-site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Health & Safety Course

NEBOSH National General Certificate in Occupational Health & Safety

Course Overview

The NEBOSH National General Certificate is a qualification designed to help those with health and safety responsibilities (e.g. managers, supervisors and employee representatives) to discharge more effectively their organisational duties and functions. The NEBOSH National General Certificate covers the main legal requirements for health and safety in the UK, identification and control of workplace hazards, and the practical application of this knowledge.

Who needs this qualification?

The NEBOSH National General Certificate in Occupational Health and Safety is ideal for managers, supervisors and staff from all types of organisations who need a broad understanding of health and safety issues and want to manage risks more effectively.

Why is this training important?

Many people take the NEBOSH National General Certificate as a first step in a career in health and safety. Two thirds of job adverts for health and safety positions specify at least one NEBOSH qualification, with well over a third demanding a NEBOSH National General Certificate.

Learning outcomes.

NGC 1

- Foundations in health and safety •Health and safety management systems – Policy •Health and safety management systems – Organising
- Health and safety management systems – Planning •Health and safety management systems – Measuring, audit and review

GC 2

- Workplace – hazards and risk control •Transport – hazards and risk control •Musculoskeletal – hazards and risk control
- Work equipment – hazards and risk control •Electrical Safety •Fire Safety •Chemical and biological health – hazards and risk control
- Physical and psychological health – hazards and control

GC3

Practical Application

Course details.

The Course is **eLearning (+ classroom exam day)**

Includes Course registration, Exam Fee's, and Course Literature.

In Association with our training partner

Health & Safety Course

NVQ Level 3 Certificate in Occupational Health & Safety

Course Overview

The City & Guilds Level 3 Certificate is a qualification designed to help those with health and safety responsibilities (e.g. managers, supervisors and employee representatives) to discharge more effectively their organisational duties and functions. The City & Guilds Level 3 Certificate covers the main legal requirements for health and safety in the UK, identification and control of workplace hazards, and the practical application of this knowledge.

Who needs this qualification?

The City & Guilds Level 3 Certificate in Occupational Health and Safety is ideal for managers, supervisors and staff from all types of organisations who need a broad understanding of health and safety issues and want to manage risks more effectively.

Why is this training important?

Many people take the City & Guilds Level 3 Certificate as a first step in a career in health and safety. This certificate helps you to attain IOSH membership at Technical level. Two thirds of job adverts for health and safety positions specify membership of IOSH.

Learning outcomes.

10 modules consisting of questions that require 160 word answers

Course details.

The Course is **eLearning (+ classroom exam day)**

Includes Course registration, Exam Fee's, and Course Literature.

Health & Safety Course

NCRQ Certificate in Applied Health & Safety

Aims

To give the knowledge and skills to be able to:

- Supervise or manage a workforce in a safe way
- Undertake risk assessments and develop sensible and proportionate control measures
- Carry out investigations into workplace accidents or ill-health
- Establish and develop a safety management system for any size of organization
- Understand and improve behaviours and attitudes that foster a positive safety culture
- Manage health and safety in a low risk organisation

Who needs this qualification?

It is suitable for anyone who has no safety knowledge or experience and wants a good foundation in safety management. Those working in a safety related role and want to improve their knowledge and skills, or those who have general management responsibilities and want to maintain a safe and healthy workplace.

Learning outcomes.

- Be able to apply general duties on employers and individuals to any work-related scenario
- Understand how to improve a safety management system
- Know how to improve the safety culture of an organisation
- Understand how to investigate a workplace accident
- Understand key workplace hazards and basic control measures
- Be able to devise own professional development plan

Course details.

Self-directed learning with full tutor support, working through real life case studies.

Includes Full Colour Course workbook.

NCRQ Certificate in Personal Injury Liability and Absence Reduction

Aims

To give the knowledge and skills to be able to:

- Recognise how an employer may be liable in tort for personal injury claims
- Understand the factors that may reduce or prevent such liability, and the implications of these
- Appreciate the often significant differences between keeping people safe and compliance with statutory duties
- Be able to advise an employer of appropriate steps to reduce the number of civil claims
- Understand the risks and control measures associated with the biggest cause of loss time and civil claims
- Be able to develop and implement strategies and procedures to reduce sickness absence and lost time

Who needs this qualification?

It is suitable for anyone who has no knowledge or experience in dealing with or reducing personal injury claims, and want a good foundation in this area. Those already an experienced practitioner wanting to improve their skills and knowledge, or those who work in an insurance claims handling related area and want to improve your understanding and knowledge.

Learning outcomes.

- Be able to apply the law of tort to a work related scenario
- Be able to improve a risk control system to reduce the risk of accidents and successful civil claims
- Be able to quantify the total costs of a successful claim in tort
- Understand the concept and importance of social utility in risk assessment
- Understand key workplace hazards and basic control measures

Course details.

Self-directed learning with full tutor support, working through real life case studies.

Includes Full Colour Course workbook.

Health & Safety Course

NCRQ Diploma in Applied Health & Safety

Aims

To build upon the knowledge and skills in the previous two qualifications and be able to:

- Confidently manage employees undertaking higher risk activities
- Have the skills to advise an employer as a 'competent person' or register as a health and safety consultant
- Be able to undertake a safety management role in an organization dealing with complex or high risk activities
- Have a comprehensive understanding of a wide range of risks to safety and occupational health
- Know the detail of specific legislative requirements

Who needs this qualification?

It is suitable for anyone who wants to undertake a safety management role, or as a safety consultant.

Learning outcomes.

In addition to those in the previous courses

- Be able to develop control measures to achieve legal compliance
- Be able to develop control measures to reduce risk of injuries, ill health, or those relating to fire safety
- Identify risks arising from a wide range of workplace agents, chemicals and activities
- Apply relevant legislation to work-related scenarios
- Research and interpret information relating to the identified risks

Course details.

Self-directed learning with full tutor support, working through real life case studies.

Includes Full Colour Course workbook.

General Health & Safety Course

COSHH Awareness

Course Overview

This course introduces candidates to the inherent risks in Substances and the controls available.

Who needs this qualification?

Designed for those responsible for the control of Substances Hazardous To Health (COSHH) at work, as well as employees who use hazardous Substances in cleaning, manufacturing, transport, utilities and Offices.

Why is this training important?

This course will prepare employees to contribute to the safer use of hazardous substances in co-operation with their managers and supervisors

Learning outcomes.

- Candidates will understand that some substances commonly found in the workplace are hazardous to health.
- An understanding of how hazardous substances cause injury and ill health.
- Identify the risks and controls available to deal with the substances.
- Identify what to expect from a COSHH Assessment.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Health and Safety Awareness

Course Overview

This course will be tailored to the business and individual health and safety needs of the client to make the learning experience relevant and fit for purpose. Designed to help improve the workplace culture for occupational health and safety.

Who needs this qualification?

This qualification is for people at any level, in any sector, needing grounding in the essentials of health and safety.

Why is this training important?

Everyone at work should have an understanding of why they must 'work safely' It is also a legal requirement under the Management of Health & Safety at work Regulations 1992.

Learning outcomes.

- Appreciate the nature of health and safety.
- Understand the scope of legislative requirements.
- Understand the principles of accident prevention.
- Understand employees' and employers' health and safety responsibilities.
- Understand the main risks and hazards in their work environment.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Working at Heights Awareness

Course Overview

This course will give delegates the necessary knowledge to ensure the safety of themselves and others when working at height, especially when working in unfamiliar surroundings. The course covers legislation correct use and fitting of harnesses and protection equipment.



Who needs this Course?

This Course is for all persons involved in working at heights including managers, supervisors & operatives.

Why is this training important?

Adequately trained staff will reduce the risk of litigation, as well as ensuring the health and safety of themselves and anyone who may be affected by their actions.



Course content.

- Introduction to Work at Heights Regulations
- Access and Egress, Loading Places
- Ladders
- Landing Places
- Openings, Corners, Breaks, Edges and Joisting.
- Roof Work (Flat roofs/Sloping roofs/Steep roofs)
- Fragile Roofing Materials
- Work over Water
- Safety Nets, Belts and Harnesses.
- Equipment for working at height: Scaffold, MEWPS, Towers
- SG4:10 Requirements for Scaffolders

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Fire Awareness

Course Overview

This course is designed to ensure that employees understand the Procedures which need to be followed in the event of fire and to raise awareness of the Importance of fire safety.



Who needs this qualification?

This qualification is for people at any level, in any sector, needing grounding in the essentials of Fire safety.

Why is this training important?

Adequately trained staff will reduce the risk of a fire within the organisation as well as ensuring that if an emergency should occur, that correct procedures are followed to ensure that employees are not harmed.



Learning outcomes.

- Understand the causes of fire in the workplace
- Identify the different classes of fire
- Explain what is meant by the fire triangle
- Understand the importance of good housekeeping
- Describe the actions to be taken in the event of a fire
- Describe the different types of fire extinguisher
And on what types of fire they should be used.
- Understand the importance of a Fire Risk Assessment

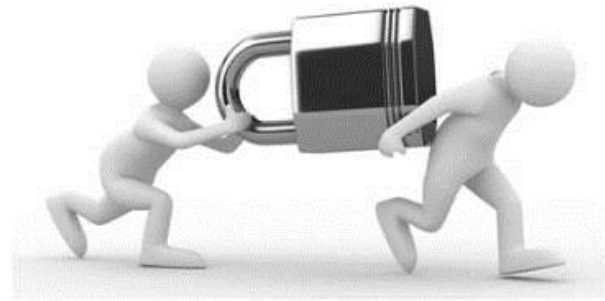
Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Moving and Handling of Objects



Course Overview

This course is aimed at those who carry out manual handling at work. It introduces candidates to the risks of manual handling and the controls Available..

Who needs this qualification?

This course is specifically targeted at employees who handle Materials, boxes, mail and packages, including workers in the Healthcare Sector, industrial workers and office workers.

Why is this training important?

This course introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to contribute to the development of safer manual handling methods and tasks in the workplace.

Learning outcomes.

- Identify the hazards of manual handling,
- Identify the risks involved and controls available.
- Identify what to expect from a manual handling assessment.
- Understand the principles for controlling manual handling risks and apply these in a practical context.
- Demonstrate a general understanding of the value and purposes of conducting a manual handling assessment.
- Demonstrate an understanding of the main provisions of the Manual Handling Operations Regulations.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Risk Assessment

Course Overview

This course is designed to be an introduction to the principles of Risk Assessment. It covers why risk assessments are necessary, the legal requirements relating to a risk assessment and simple processes for carrying out a risk assessment. It is suitable for learners working in any environment who need to be more risk aware by raising their knowledge of risk in the workplace and basic things they can do to control it.

Who needs this qualification?

This award is specifically targeted at employees who are required to undertake Risk Assessments.

Why is this training important?

It is a legal requirement under the Management of Health & Safety at work Regulations 1992 that employees who are required to undertake Risk Assessments are suitably trained, to ensure that they have the necessary competency to carry out this task.



Learning outcomes.

- Conduct risk Assessments with the necessary knowledge in relation to the activities/environments/issues
- Organise and implement a risk assessment programme
- Participate in the identification of specific training needs for the activities being assessed
- Assist employers in meeting legal requirements and promote Improved standards of health and safety within their organisation

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Working in Confined Spaces Awareness

Course Overview

introduces candidates to the risks and hazards associated with working in confined spaces and how to manage the risks and implement control measures. It also includes permit to work systems and the hazards of lone working.



Who needs this qualification?

Anyone who is occasionally involved with working in confined spaces, which includes loft spaces cellars etc. A more formal qualification would be required for people who work in confined spaces for the majority of their daily activity.

Learning Outcomes

What is a Confined Space and what are the hazards?

- Confined Spaces Regulations 1997
- Risk Assessments
- Who is affected?
- What is the risk?
- Condition of the Confined Space
- Residues, Contamination
- Oxygen Deficiency, Physical Dimensions, Cleaning Chemicals
- Sources of Ignition, Ingress of Substances
- Safe Systems of Work including Permits to Work
- Arrangements for Emergencies
- Equipment required to enter a Confined Space
- Personal Protective Equipment and Hygiene
- Maintenance of Equipment
- Ventilation and the avoidance of unsafe atmospheres
- Manpower including Training Requirements
- Communication and entry Procedures



Course details.

The Course is 3 Hours duration and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred



Emergency first aid at work course



Course Overview

This course is ideal for smaller workplaces that present few health and safety risks, where a nominated or appointed person is required to take charge in the event of an illness or accident.

Who needs this qualification?

This course is ideal for 'nominated' persons or for people who provide support to qualified first aiders

Why is this training important?

Staff will be trained within the organisation in basic life saving first aid and workplace health & safety regulations which will ensure that if an emergency should occur, the correct procedures are followed to ensure that employees are not harmed.

Learning outcomes.

- Health & Safety introduction
- Aims of First Aid
- Roles and responsibilities as a first aider
- Management of a first aid incident
- Primary survey (initial care of conscious and unconscious casualty)
- Recovery position
- Cardio pulmonary resuscitation (CPR)
- Secondary survey
- Monitoring the casualty
- Shock
- Bleeding
- Common workplace injuries
- Course review



Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Conflict Resolution & Personal Safety



Course Overview

This course provides employees with a foundation in conflict resolution, With emphasis on the importance of personal safety to enable them to Protect themselves in the face of confrontational behaviour.

Who needs this qualification?

This qualification is specifically targeted at employees whose work brings them into contact with others; including colleagues, customers, members of the public, or clients.

Why is this training important?

Work related violence is on the rise and employers have a duty of care to provide a safe place of work. This is not easy in environments where the potential for conflict and aggression is high.

Learning outcomes.

- Understand the terminology used in conflict resolution
- Knowledge of the laws that apply to businesses and their employees
- Understand the concepts of a safe working environment and how the risk of conflict can be assessed.
- Ability to recognise potential confrontational situations and defuse conflicts before they escalate to serious violence.
- Appreciate the importance of personal safety
- Understand the hazards of lone working.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Asbestos Awareness



Course Overview

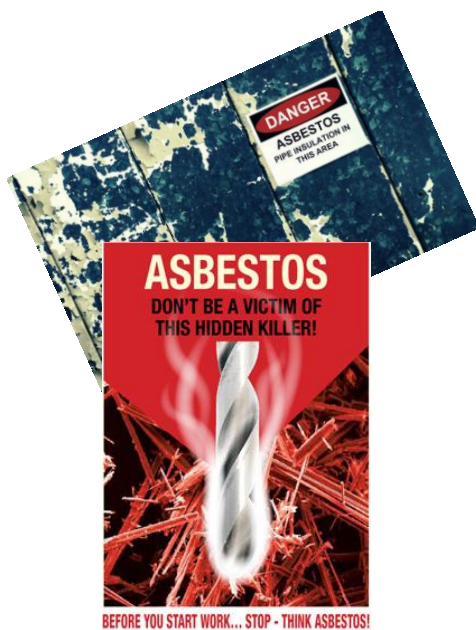
To provide candidates with the skills to identify the possible location of asbestos together with knowledge of what to do in the event of asbestos discovery.

Who needs this qualification?

The course is designed for persons who undertake construction / demolition activities and whose work will involve the possibility of disturbing asbestos products.

Why is this training important?

Adequately trained staff will reduce the risk of asbestos related illness within the organisation as well as ensuring that correct procedures are followed to ensure that employees or others are not adversely affected.



Learning outcomes.

- History of asbestos, uses, properties
- Health hazards and risks
- Legislation
- Recognition of Asbestos Containing Materials (ACM's)
- Where asbestos may be found
- Control Limits
- PPE & RPE)Including practical maintenance and checks of RPE)

Course details.

The Course is 3 **Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Emergency first aid at work

In Education



Course Overview

This course is ideal for smaller workplaces that present few health and safety risks, where a nominated or appointed person is required to take charge in the event of an illness or accident.

Who needs this qualification?

This course is ideal for 'nominated' persons or for people who provide support to qualified first aiders

Why is this training important?

Staff will be trained within the organisation in basic life saving first aid and workplace health & safety regulations which will ensure that if an emergency should occur, the correct procedures are followed to ensure that employees are not harmed.

Learning outcomes.

- Health & Safety introduction
- Aims of First Aid
- Roles and responsibilities as a first aider
- Management of a first aid incident
- Primary survey (initial care of conscious and unconscious casualty)
- Recovery position
- Cardio pulmonary resuscitation (CPR)
- Secondary survey
- Monitoring the casualty
- Shock
- Bleeding
- Common workplace injuries
- Course review



Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Conflict Resolution & Personal Safety

In Education



Course Overview

This course provides staff with a foundation in conflict resolution, With emphasis on the importance of personal safety to enable them to protect themselves in the face of confrontational behaviour.

Who needs this qualification?

This qualification is specifically targeted at staff whose work brings them into contact with others; including colleagues, pupils, parents, or members of the public.

Why is this training important?

Work related violence is on the rise and employers have a duty of care to provide a safe place of work. This is not easy in environments where the potential for conflict and aggression is high.

Learning outcomes.

- Understand the terminology used in conflict resolution
- Knowledge of the laws that apply to businesses and their employees
- Understand the concepts of a safe working environment and how the risk of conflict can be assessed.
- Ability to recognise potential confrontational situations and defuse conflicts before they escalate to serious violence.
- Appreciate the importance of personal safety
- Understand the hazards of lone working.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



COSHH Awareness in Schools and Colleges

Course Overview

This course introduces staff to the inherent risks in substances and the controls available.



Who needs this qualification?

Designed for those responsible for the control of Substances Hazardous To Health (COSHH) at work, as well as staff who use hazardous substances in cleaning, manufacturing, transport, utilities and offices.

Why is this training important?

This course will prepare staff to contribute to the safer use of hazardous substances in co-operation with their managers.

Learning outcomes.

- Candidates will understand that some substances commonly found in the workplace are hazardous to health.
- An understanding of how hazardous substances cause injury and ill health.
- Identify the risks and controls available to deal with the substances.
- Identify what to expect from a COSHH Assessment.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Fire Wardens in Schools and Colleges



Course Overview

This course is designed to ensure that staff understand the procedures which need to be followed in the event of fire and to raise awareness of the Importance of fire safety in Schools and Colleges.

Who needs this qualification?

This qualification is specifically targeted at employees working in Schools and Colleges in the public and private sectors.

Why is this training important?

Adequately trained staff will reduce the risk of a fire within the organisation as well as ensuring that if an emergency should occur, that correct procedures are followed to ensure that staff, Pupils/Students are not harmed.

Learning outcomes.

Part one is the generic information, which includes the following;

1. Current fire safety legislation
2. The effects of fire on companies
3. The chemical processes that result in fire
4. The causes of fire
5. Effective evacuation procedures
6. Preferable staff / pupil reactions to fire
7. Fire protection methods
8. Fire extinguisher training

Part two is the specific information relevant to your workplace / practices etc.

1. Fire extinguisher locations on your business premises
2. Fire drill and evacuation policies
3. Assessment and recognition of fire risks in your workplace
4. General fire safety methodology and procedures in schools
5. The roles of staff members in the event of fire

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Health and Safety Awareness In Education



Course Overview

This course will be tailored to the business and individual health and safety needs of the client to make the learning experience relevant and fit for purpose. Designed to help improve the workplace culture for occupational health and safety within the Education sector.

Who needs this qualification?

This qualification is for people at any level, needing grounding in the essentials of health and safety in the Education sector.

Why is this training important?

Everyone at work should have an understanding of why they must 'work safely' It is also a legal requirement under the Management of Health & Safety at work Regulations 1992.

Learning outcomes.

- Appreciate the nature of health and safety in a Health and Social context.
- Understand the scope of legislative requirements.
- Understand the principles of accident prevention.
- Understand employees` and employers` health and safety responsibilities.
- Understand the main risks and hazards for staff, pupils, and visitors.

Course details.

The Course is **3-4 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Health and Safety Awareness For Caretakers

Course Overview

This course will be tailored to the business and individual health and safety needs of the client to make the learning experience relevant and fit for purpose. Designed to help improve the workplace culture for occupational health and safety within the Education sector.



Who needs this qualification?

This qualification is for people at any level, needing grounding in the essentials of health and safety in the Education sector.

Why is this training important?

Everyone at work should have an understanding of why they must 'work safely'
It is also a legal requirement under the Management of Health & Safety at work Regulations 1992.

Learning outcomes.

- Appreciate the nature of health and safety in a Health and Social context.
- Understand the scope of legislative requirements.
- Understand the principles of accident prevention.
- Understand employees` and employers` health and safety responsibilities.
- Understand the main risks and hazards for staff, pupils, and visitors.

Course details.

The Course is **3-4 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.





Risk Assessment for Schools and Colleges

Course Overview

This course is designed as an introduction to Risk Assessment, which includes the identification of reasonably foreseeable hazards and how to implement control measures to reduce risk, so far as is reasonably practical. School employers should always take a common sense and proportionate approach, remembering that in schools risk assessment and risk management are tools to enable children to undertake activities safely, and not prevent activities from taking place. Sensible risk management cannot remove risk altogether but it should avoid needless or unhelpful paperwork.

Who needs this qualification?

This award is specifically targeted at staff who are required to undertake Risk Assessments, Organisers of School trips, activities etc

Why is this training important?

It is a legal requirement under the Management of Health & Safety at Work Regulations 1992 that employees who are required to undertake Risk Assessments are suitably trained, to ensure that they have the necessary competency to carry out this task.



Learning outcomes.

- Conduct risk Assessments with the necessary knowledge in relation to the activities/environments/issues
- Organise and implement a risk assessment programme
- How to apply principles of risk assessment to school trips, and set up/ monitor assessments
- Participate in the identification of specific training needs for the school activities being assessed.
- Assist employers in meeting legal requirements and promote Improved standards of health and safety within their organisation

Course details.

The Course is **3 Hours duration** and will be delivered at our own training facilities or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Asbestos Awareness In Education



Course Overview

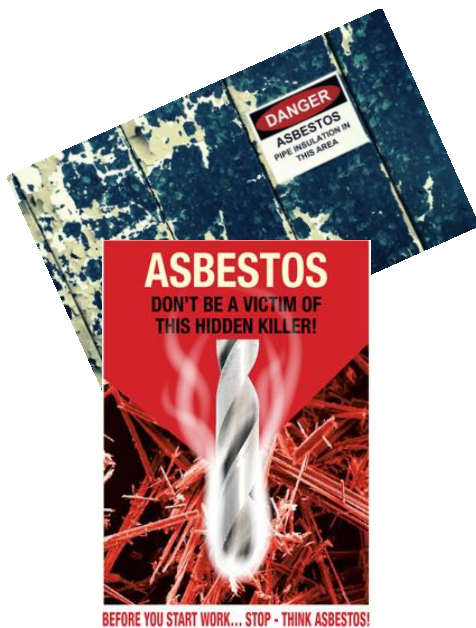
To provide staff with the skills to identify the possible location of asbestos together with knowledge of what to do in the event of asbestos discovery.

Who needs this qualification?

The course is designed for staff who undertake construction / demolition activities and whose work will involve the possibility of disturbing asbestos products.

Why is this training important?

Adequately trained staff will reduce the risk of asbestos related illness within the organisation as well as ensuring that correct procedures are followed to ensure that employees or others are not adversely affected.



Learning outcomes.

- History of asbestos, uses, properties
- Health hazards and risks
- Legislation
- Recognition of Asbestos Containing Materials (ACM's)
- Where asbestos may be found
- Control Limits
- PPE & RPE) Including practical maintenance and checks of RPE)

Course details.

The Course is 3 **Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Administration of Medication In Education

Course Overview

This course is designed to ensure that staff who may administer medication do so with regard to safe practice and in compliance with Department of Health Guidance.



Who needs this qualification?

This qualification is specifically targeted at staff working in schools and colleges in the public and private sectors.

Why is this training important?

Adequately trained staff will reduce the risk of litigation, as well as ensuring the health and safety of patients/residents.



Learning outcomes.

- Safe storage of medicines,
- The rights of the individual,
- Abbreviations used in medication,
- Routes of administering,
- Errors in administering,
- Legal requirements and compliancy aids.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIAI, AifL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Health and Safety for Caretakers And Ancillary Workers



Course Overview

This course will be tailored to the health and safety needs of schools and colleges to make the learning experience relevant and fit for purpose. Designed to help improve the workplace culture for occupational health and safety within the Education sector.

Who needs this qualification?

This qualification is for people involved in caretaking, and ancillary workers. From new starters, to those with experience, it forms an essential part of health and safety in the Education sector.

Why is this training important?

Everyone at work should have an understanding of why they must 'work safely' It is also a legal requirement under the Management of Health & Safety at work Regulations 1992.

Learning outcomes.

- Module 1 - Health and Safety Awareness
- Module 2 - COSHH Awareness
- Module 3 - Risk Assessments
- Module 4 - Manual Handling

Course details.

The Course is **2 days' duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



COSHH Awareness

Course Overview

This course introduces candidates to the inherent risks in Substances and the controls available.

Who needs this qualification?

Designed for those responsible for the control of Substances Hazardous To Health (COSHH) at work, as well as employees who use hazardous Substances in healthcare, cleaning, manufacturing, transport, utilities and Offices.

Why is this training important?

This course will prepare employees to contribute to the safer use of hazardous substances in co-operation with their managers and supervisors

Learning outcomes.

- Candidates will understand that some substances commonly found in the workplace are hazardous to health.
- An understanding of how hazardous substances cause injury and ill health.
- Identify the risks and controls available to deal with the substances. Lack of capacity
- Identify what to expect from a COSHH Assessment.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AIfL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Dementia Awareness

Course Overview

This course highlights the main issues and provides the basic knowledge and skills necessary to ensure that candidates are able to professionally care for people who have dementia. The course will serve as both a refresher for experienced staff and as an introduction to new members of staff.

Who needs this qualification?

This qualification is specifically targeted at employees working in hospitals and care homes in the public and private sectors.



Why is this training important?

- 750,000 suffers in the UK
- 16,000 under 65 years of age
- 33% live alone at home
- The amount of dementia sufferers is likely to double in the next 20 years

Learning outcomes.

- List the risk factors of acquiring dementia
- Differentiate the different kinds of dementia
- Describe the common signs & symptoms of dementia
- Identify the causes of reversible dementia
- List the medical treatments
- Describe the non-medical interventions for people with dementia
- Explain methods of Communication

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AifL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Administration of Medication

Course Overview

This course is designed to ensure that employees who may administer medication do so with regard to safe practice and in compliance with Department of Health Guidance.



Who needs this qualification?

This qualification is specifically targeted at employees working in hospitals and care homes in the public and private sectors.

Why is this training important?

Adequately trained staff will reduce the risk of litigation, as well as ensuring the health and safety of patients/residents.



Learning outcomes.

- Safe storage of medicines,
- The rights of the individual,
- Abbreviations used in medication,
- Routes of administering,
- Errors in administering,
- Legal requirements and compliancy aids.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AifL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Hygiene in Health and Social Care

Course Overview

This course is designed as an introduction to hygiene, ensuring that vulnerable people are not exposed to unnecessary risks. The Dept. of Health has drawn up a code of practice acknowledging that everyone involved in care provision needs training to tackle the risk of Health care acquired Infection (HCAI)

Who needs this qualification?

This award is specifically targeted at employees working in hospitals and care homes in the public and private sectors.

Why is this training important?

Following the Department of Health code of practice. Everyone involved in care provision needs the adequate training to tackle the risk of Health Care Acquired Infection (HCAI)

Learning outcomes.

- Understand the terminology used in good hygiene practice
- Understand the concepts of hygiene hazards and how the risks can be controlled
- Understand the importance of good personal hygiene
- Recognise the need for high standards of hygiene and the importance of cleaning

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIAI, AIfL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Moving and Handling of People Course

Course Overview

It is designed to increase healthcare providers awareness of the possible acute/chronic injuries to themselves and to enable them to carry out client transfer operations, legally, safely, with dignity / respect & comfort.

Who needs this qualification?

This course is specifically targeted at employees working in, Care homes and Hospitals in the public and private sectors, Who have never undertaken a formal people handling course.



Why is this training important?

Fifty per cent of the serious accidents occurring in nursing and residential care homes that are reported to the Health and Safety Executive in accordance with the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 (RIDDOR) are as a result of manual handling.

In the NHS around 40% of sickness absence is due to musculoskeletal disorders, often the result of manual handling. Manual Handling accounts for 5,000 Major Injuries each year of which 50% involve the lifting or moving of patients.

Learning outcomes.

- Causes of back / Shoulder injury
- Employer / employee legal responsibilities
- The Manual Handling Operations regulations 1992
- The Policy of the Royal College of Nursing.
- Safe back posture
- Banned lifts
- Techniques of client transfers
- Use of transfer aids (if required your own equipment)
- Falling or collapsing clients
- The importance of Ergonomics

Course details.

The Course is **6 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training patient handling within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AifL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Moving and Handling of People Refresher Course

Course Overview

It is designed to increase healthcare providers awareness of the possible acute/chronic injuries to themselves and to enable them to carry out client transfer operations, legally, safely, with dignity / respect & comfort.

Who needs this qualification?

This course is specifically targeted at employees working in, Care homes and Hospitals in the public and private sectors, Who need to update their skill set, and have previously undertaken the more in depth, full day course.



Why is this training important?

Fifty per cent of the serious accidents occurring in nursing and residential care homes that are reported to the Health and Safety Executive in accordance with the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995 (RIDDOR) are as a result of manual handling.

In the NHS around 40% of sickness absence is due to musculoskeletal disorders, often the result of manual handling. Manual Handling accounts for 5,000 Major Injuries each year of which 50% involve the lifting or moving of patients.

Learning outcomes.

- Causes of back / Shoulder injury
- Employer / employee legal responsibilities
- The Manual Handling Operations regulations 1992
- The Policy of the Royal College of Nursing.
- Safe back posture
- Banned lifts
- Techniques of client transfers
- Use of transfer aids (if required your own equipment)
- Falling or collapsing clients
- The importance of Ergonomics

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training patient handling within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AifL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Moving and Handling of Objects

Course Overview

This course is aimed at those who carry out manual handling at work. It introduces candidates to the risks of manual handling and the controls available.

Who needs this qualification?

This course is specifically targeted at employees who handle materials, boxes, mail and packages, including workers in the Healthcare Sector, industrial workers and office workers.

Why is this training important?

This course introduces candidates to the hazards and risks involved in manual handling and outlines what to expect from a manual handling assessment. It will enable employees to contribute to the development of safer manual handling methods and tasks in the workplace.

Learning outcomes.

- Identify the hazards of manual handling,
- Identify the risks involved and controls available.
- Identify what to expect from a manual handling assessment.
- Understand the principles for controlling manual handling risks and apply these in a practical context.
- Demonstrate a general understanding of the value and purposes of conducting a manual handling assessment.
- Demonstrate an understanding of the main provisions of the Manual Handling Operations Regulations.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AIfL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Health & Safety in Health & Social care

Course Overview

This course complies with **Standard 8 of the Skills for Care National Minimum Training Standards for Healthcare Support Workers and Adult Social Care Workers in England**. It will be tailored to the business and individual health and safety needs of the client to make the learning experience relevant and fit for purpose. Designed to help improve the workplace culture for occupational health and safety.

Who needs this qualification?

This qualification is specifically targeted at employees working in hospitals and care homes in the public and private sectors.

Why is this training important? – Following the Department of Health / Skills for Care Minimum training standards. Everyone involved in care provision needs the adequate training to enable them to understand their responsibilities.

Learning Outcomes

- 8.1. Roles and responsibilities
- 8.2. Risk assessments
- 8.3. Moving and assisting
- 8.4. Responding to accidents and sudden illness
- 8.5. Medication and healthcare tasks
- 8.6. Handling hazardous substances



Course details.

The Course is 3 Hours duration and will be delivered at our own premises or a convenient off site location.

The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AifL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

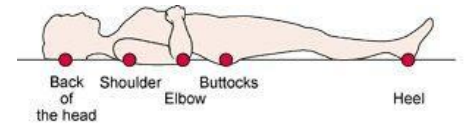
Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Tissue Viability and Ulcer Care Awareness

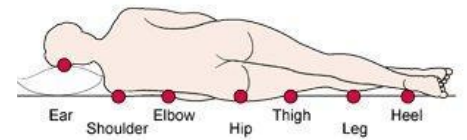
Course Overview

This course will give delegates an awareness of those patients/clients at risk Of pressure damage and will provide them with National guidelines on Preventative measures to minimise the incidence rates.



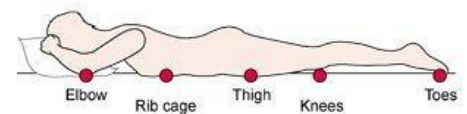
Who needs this qualification?

This qualification is specifically targeted at employees working in hospitals and care homes in the public and private sectors.



Why is this training important?

Adequately trained staff will reduce costs and the risk of litigation, as the incidence of pressure ulcers will be reduced with this knowledge.



Learning outcomes.

Upon completion of the course delegates will;

- Understand the structure and function of the skin in relation to the prevention/management of pressure ulcers
- Understand the principles of the wound healing process and factors which may compromise this.
- Understand the grading structure for wounds.
- Understand the preventative measures to reduce the incidence of pressure sores and tissue damage.

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location. The course tutor Alan Overment has several years' experience of training within the NHS and is qualified and accredited as; GradIOSH DipRSA, MIIRSM, MAIRSO, AMIIAI, AIfL.

He is also a member of NASHiCS (The National Association for Safety & Health in Care Services)

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Mental Capacity Act Awareness

Course Overview

This course will put all of these issues into perspective and is designed to provide the health worker/organisation with an awareness of their responsibilities with regard to the legal aspects of the care that they provide and the rights of the individual.

Who needs this qualification?

This qualification is specifically targeted at employees working in, Care homes, in the public and private sectors.

Why is this training important?

This is of high importance to all health care providers. The Mental Capacity Act that came into force in April 2007 brings into question issues surrounding consent, particularly with regard to the person without capacity; who can consent on their behalf? Health providers must act within the law on issues such as photography, provision of nursing care, and confidentiality.

Learning outcomes.

- Who does the act affect?
- Mental capacity defined
- Core principles of the act
- Lack of capacity
- Capacity assessments
- Examples of help that may aid a person to make their own decisions
- included, excluded and advance decisions
- Worked examples
- Record keeping
- Limitations on restraint
- Lasting & enduring powers of attorney
- Summary & practical actions required in the workplace

Course details.

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Risk Assessment

Course Overview

This course is designed to be an introduction to the principles of Risk Assessment. It covers why risk assessments are necessary, the legal requirements relating to a risk assessment and simple processes for carrying out a risk assessment. It is suitable for learners working in any environment who need to be more risk aware by raising their knowledge of risk in the workplace and basic things they can do to control it.

Who needs this qualification?

This award is specifically targeted at employees who are required to undertake Risk Assessments.

Why is this training important?

It is a legal requirement under the Management of Health & Safety at work Regulations 1992 that employees who are required to undertake Risk Assessments are suitably trained, to ensure that they have the necessary competency to carry out this task.



Learning outcomes.

- Conduct risk Assessments with the necessary knowledge in relation to the activities/environments/issues
- Organise and implement a risk assessment programme
- Participate in the identification of specific training needs for the activities being assessed
- Assist employers in meeting legal requirements and promote Improved standards of health and safety within their organisation

Course details.

The Course is **3 Hours duration** and will be delivered at our own premises or a convenient off site location.

Delegates will receive a Handout Pack and Course Outline for use on the day. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.



Social Care Health and Safety Course

Roles & Personal Development of the Health Care Support Worker & Adult Social Care Worker

Course Overview

This course is designed to be an introduction to the principles of Risk Assessment. It covers why risk assessments are necessary, the legal requirements relating to a risk assessment and simple processes for carrying out a risk assessment. It is suitable for learners working in any environment who need to be more risk aware by raising their knowledge of risk in the workplace and basic things they can do to control it.

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Which Site Safety Course is Right for You?

Site management training and safe site supervision is critical to site safety. Accredited site safety training courses exist within the construction industry and engineering construction. The two principle organisations that administer these site safety training schemes are the CITB and ECITB.

CITB Training Courses:

For construction safety management, the CITB (Construction Industry Training Board) administer courses within the sector.

The Construction Skills Site Safety Plus scheme is a health and safety training programme designed to provide the building, civil engineering and allied industries with a range of courses for individuals seeking to develop their skill sets. The scheme is run through a network of CITB accredited Training Providers.

For Site Management Training the **SMSTS** (Site Management Safety Training Scheme) is specifically aimed at site managers. This is a five-day course

There is also a 2 day **SMSTS Refresher** Course for those who have previously passed the full 5-day Site Management Safety Training Scheme course. The Refresher course is to bring their health and safety knowledge up to date, and includes an overview of legislative changes and their impact in the workplace.

For Site Supervisors there is the **SSSTS** (Site Supervisor's Safety Training Scheme) course, which is a 2-day course. This Site supervision course is designed for first line managers, foremen, gangers, team leaders and supervisors with supervisory responsibilities and a need to understand their legal duties to better contribute to the instruction, supervision and monitoring of safety on site.

In addition, there is also the CITB Health & Safety Awareness course, which is a 1-day foundation course aimed at newcomers to the construction industry.

ECITB Training Courses:

The ECITB (Engineering Construction Industry Training Board) administer the CCNSG (Client/Contractor National Safety Group) Safety Passport scheme through a network of approved training providers. This Passport to Safety is the agreed safety qualification needed for access to process plant sites in the UK.

The CCNSG Safety Passport Scheme is a Site safety training scheme, which ensures that site personnel and individuals going to site have a basic knowledge of health and safety, after appropriate site induction. This enables them to work safely and to lower risk to themselves and others.

There are three CCNSG Safety Passport courses:

The National **CCNSG Safety Passport** course is a 2-day training course, and on successful completion individuals who pass are awarded a Safety Passport which is valid for 3 years.

After 3 years there is a 1 day **CCNSG Renewal** Course.

For supervisors there is an additional day, which aims to outline the key role that supervisors have in securing health and safety in the workplace. The one day **CCNSG Supervising Safety** course is open to individuals holding a valid Safety Passport.



Frequently Asked Questions

Question

“How can you deliver IOSH Managing Safely over 3 days and not 4 like others?”

Answer

The criteria laid down by the accrediting body (IOSH) is 21 hours’ tuition based on 20 delegates attending. Most providers only deliver training for approx. 6 hours each day, where as we deliver training for 7 hours. We also try to limit our course numbers to 12, this being the optimum number for inclusivity. This means we can deliver the course in 3 days with no loss of content. This has been agreed by IOSH at our last Validation visit.

Question

“How long until I get my certificate?”

Answer

Typically, it can take anywhere from 4 to 12 weeks from completion of your assignment. This is for the marking process, external verification, and issue of certificate.

Question

“Do you do other courses not listed in your brochure?”

Answer

Yes, our senior trainers can write any Bespoke course to suit your individual needs.

Question

“Do you only deliver training in Hull?”

Answer

No, we deliver training in other locations such as Leeds and Manchester, plus we can deliver them at clients own premises.

Question

“What accredited training do you offer?”

Answer

We currently offer accredited training from IOSH, CITB, and CIEH.

Training Course Feedback



The following are examples of feedback from delegates who Attended courses, delivered by Alan Overment GradIOSH, DipRSA, MIIRSM, AMIIAI, MAIRSO, AIfL. our lead trainer.

BP Chemicals Saltend

Excellent Knowledge and passed onto us in an understandable way"

Fenner – Dunlop

"Alan was very precise and entertaining, kept you alert throughout"

Reckitt - Benckiser

"Excellent tutor, kept the course interesting and kept you engaged"

Sapphire Signs

"Very Good, kept it interesting and relevant"

Humberside Police

"Alan had the ability to make a boring subject very entertaining and fun to learn"

Hull Collegiate School Tranby Croft

"Delivered in a very professional manner with some much needed humour thrown in"

Newmarket House Clinic

"Very entertaining, but at the same time informative and interesting"

Training 2000

"This was an informative and enjoyable training session"

The Hull & East Yorkshire Hospitals NHS Trust

"It was a really enjoyable presentation, especially the delivery of it. Alan has been a great presenter and I would definitely come back for another course".

Safety Training Providers & Consultancy Ltd

**HOW TO KEEP THE
CUSTOMER!**

